

## Rooster trainingen Somatic Cothen

Tijden	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag
07:00 – 08:00						
08:00 – 09:00		Training		Training	Training	
09:00 – 10:00	Training	Training	Training	Training 9.30 – 10.30 uur	Training	
10:00 – 11:00	Training	Training				
11:00 – 12:00						
13:00 – 14:00						
14:00 – 15:00			Training			
15:00 – 16:00					Training	
16:30 – 17:30		Training				
17:30 – 18:30	Training					
18:30 – 19:30			Training			
19:30 – 20:30	Training	Training	Training	Training		
20:30 – 21:30	Training					